

***KOKODO SO HOMBUR DOJO***  
***NIPPON BUDO KOKODO AIKIJUJUTSU***  
***ZENRYOKU DOJO***

***NIDAN KAJU***

SUWARI WAZA.

KAWA SEMI  
KOTE GAESHI DORI  
KOTE DORI  
AYA DORI  
UDE OSAE DORI  
MUNE OSAE DORI  
UCHI KOMI DORI

HANTACHI WAZA.

MAE RYOTE OSAE DORI

TACHI WAZA.

MAKI KOMI DORI  
AYA DORI  
SHUTO JIME  
RYOTE SHUTO JIME  
KOTE GAESHI DORI  
UDE OSAE DORI  
MUNE OSAE DORI  
UCHI KOMI DORI  
KOTE DORI  
MUNE OSAE KOTE DORI  
UCHI KOMI KOTE DORI  
SHIHO NAGE  
USHIRO SHIHO NAGE